

COVID-19 PROTOCOL FOR FACE TO FACE APPOINTMENTS

Pre-Screening

Before being booked in, all patients are screened and asked **NOT** to attend if:

1. They have any symptoms of Covid-19, especially a new continuous cough, a fever or loss of taste/smell.
2. Anyone in their household has any symptoms of Covid-19.
3. They are classed as Extremely Clinically Vulnerable by the Government and been asked to Shield.
4. Anyone in their household is classed as Extremely Clinically Vulnerable.

Clinic Hygiene

All soft covers have been removed and the treatment table covered only with disposable paper. If any blankets are used, they are single use and washed at 60 degrees.

All pillow covers are wipe clean and sprayed with disinfectant between every patient.

All sections of the treatment table are washed with soapy water and sprayed with disinfectant between every patient.

All flooring, hard surfaces and seating are cleaned with soapy water daily and additionally sprayed with disinfectant between every patient.

All commonly handled areas, (doorbell, door handles, card machines, bathroom taps etc) are sprayed with disinfectant between every patient.

An air purifier is used between patients to help clear airborne particles.

Distancing

Patient and practitioner chairs are placed 1.5 metres apart as far as possible.

Patients are booked 20 minutes apart to avoid interaction, to allow airborne droplets to fall and to allow time for extra cleaning methods.

Patients should only be accompanied if they are minors or require assistance. Other family members are requested to wait in their car.

PPE

I am washing my hands before and after each patient and using hand sanitiser.

I am following Public Health England guidance regarding use of PPE. This includes use of a face mask, gloves and a single use apron. On a risk assessed basis, I may also wear safety glasses or a face visor.

Patient Protocol

Patients are asked to attend at the time of their appointment. If early, to wait in the car.

Hand sanitiser is available to use before entering the clinic and hand washing facilities/hand sanitiser are available to use again before entering the treatment room.

Patient's temperature will be taken by a non-contact thermometer before entering the treatment room. A temperature of 38 degrees or above will result in cancellation of the appointment.

Patients are asked to wear a mask or face covering when attending the clinic.

Patients will be asked to give their fully informed consent to receiving face to face treatment.

Ultimately, I am doing all that I reasonably can to minimise risk whilst being open to provide care. However, I cannot guarantee a 100% risk free environment as Covid-19 can be spread by those showing no symptoms.